

# WILLOW COUNSELING PRACTICUM/INTERNSHIP

## MISSION:

Willow Counseling, PLLC exists to provide quality trauma-informed mental health counseling to the Nashville community, recognizing the interconnectedness of our emotional, spiritual and physical selves.

## VALUES:

Clients deserve QUALITY care, work that is evidence-based, backed by research, and up to-date.

We recognize that you are made up of intimately connected parts and therefore a HOLISTIC and inclusive approach is most effective. An approach that includes mind, body, spirit and recognizes the impact of our social, physical, mental, emotional and spiritual selves.

One size does not fit all. CREATIVITY is required to adapt research-backed strategies to the unique individual.

We provide serious work for serious issues but humor and the power of LAUGHTER are not to be underestimated.

We are INCLUSIVE. We will help any race, any religion, any sexual orientation, any gender.

## WHAT TO EXPECT

- Experience working in an evidence-based, trauma-informed mental health practice that values the whole self.
- Group counseling experience with our Outdoor Anxiety Support Group group.
- Experience working directly with adolescent and adult clients.
- Trainings in working with minors, compassion fatigue, ethics, suicide, holistic health.
- Guaranteed weekly supervision.

## APPLICATION PROCESS

- Send your resume to [info@willowcounseling.org](mailto:info@willowcounseling.org).
- Fill out the application and complete the case studies via this link: <https://forms.gle/yuGvWv7Fp4YfnErJ9>
- Interview with the Internship/Practicum supervisor.
- Interview with the Owner of Willow Counseling.

