

**Willow Counseling, PLLC  
Practicum/Internship Application**

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**Applicant Information**

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Full Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

School \_\_\_\_\_ Expected Graduation Date \_\_\_\_\_

Degree Program and Concentration \_\_\_\_\_

Position Applying for:  Practicum  2-semester Internship  3-semester Internship

Beginning Semester:  Fall  Spring  Summer Start Date \_\_\_\_\_

Were you ever in the military?  Yes  No If yes, when? \_\_\_\_\_

Rank at Discharge \_\_\_\_\_ Type of Discharge \_\_\_\_\_

If other than honorable, explain \_\_\_\_\_

Have you ever been convicted of a felony?  Yes  No If yes, explain \_\_\_\_\_

How would you describe your personality?

Describe the most important accomplishments in your life.

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**Education**

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How did/do you get along with your classmates and teachers/professors?

What kind of grades did you receive in school?

Do you have any learning problems or complications?

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**Work & Extracurriculars**

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Current Employer \_\_\_\_\_

Job Title \_\_\_\_\_  Part-Time  Full-Time

Job Responsibilities \_\_\_\_\_

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Do you enjoy your present work situation?

How well do you get along with your boss/supervisor?

How well do you get along with your co-workers?

Do you have any problems with being late or absent to work?

Have you ever been fired from a job before?

Do you have any special job skills or training?

Describe your involvement in any extra-curricular activities.

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### **Counseling**

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Do you have any special counseling skills or training?

Describe any previous counseling-related jobs, practicums, internships or volunteer experience.

How did you hear about Willow Counseling, PLLC and what interested you about my company?

How would you define clinical excellence?

What types of therapy are you most interested in?

What population do you see yourself working most with?

What is your experience with that population?

What types of continuing education opportunities do you engage in?

What are your goals for practicum/internship?

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### Case Studies

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Review the following case examples and write a treatment plan outline that you would follow based on the client presentation.

**Case Study 1:** A 32-year-old woman works as an ER nurse and begins counseling to decrease symptoms of anxiety. She presents with panic attacks weekly, ruminative anxious thoughts multiple times per week, insomnia, and a fear of riding in a car. Client reports her anxiety interferes with her relationships and that she spends her days off work lying in bed.

**Case Study 2:** A 21-year-old college student comes to counseling reporting crying spells, isolating from peers, anxiety about class work, and feelings of shame. During the intake, client reports being sexually assaulted while at a friend's house last semester.